



# BEHAVIORAL HEALTH HOMES (BHH)

## WHAT IS BEHAVIORAL HEALTH HOMES?

An all-inclusive support team that includes a case manager/care coordinator, a nurse, a psychiatric consultant, medical consultant, a clinical supervisor, and youth and/or parent peer support to be delivered in the youth's home/community. This team will work with youth and families, in collaboration with your primary care provider to help reach both mental and physical health goals.

## WHO IS ELIGIBLE?

Children and youth up to age 21 with [MaineCare](#) (or those under age 19 with MaineCare's [Katie Beckett waiver option](#)) who has a mental health diagnosis, autism, intellectual disability, or developmental disorder and has a need for more intensive coordination of their physical and mental health care.

Families should expect to see their care coordinator at least once a month, more as needed.

## HOW DOES BHH HELP?

BHH services are unique to the needs of the youth and family. Services can include care coordination, referrals to treatment interventions for physical and mental health needs, and case management support. The BHH team can:

- Coordinate physical and mental health care services
- Provide education about the child's diagnosis
- Help connect families to community support and resources
- Provide peer supports to youth and/or caregivers
- Work with families to develop a treatment plan
- Help youth and families understand information about their care
- Offer referrals to appropriate treatment options
- Offer services when it is best for the youth and family
- Prevent or reduce need for hospital visits or stays
- Help support youth and family goal-setting and follow through

## HOW TO ACCESS BHH SERVICES

For more information about BHH visit the [Office of MaineCare Services website](#) or scan the QR code.

To find out if you are eligible for BHH services contact a BHH provider agency in your area. To find a BHH provider, click [here](#).

If you would like assistance finding BHH provider contact the [CBHS Family Information Specialist](#) or a local [Family Support Organization](#) for assistance.



**“It is so nice to have a team that talks to each other!”**

-Jerry, Dad